



MALASPINA TROPHY RULES

1. The Malaspina Sporting Club will host and organize the 35th International Malaspina Swimming Trophy, under the FINA rules.
2. All participating swimmers must be regular members of the invited teams and must be in possession of a valid membership card issued by their local Federation.
3. The competition will be hosted at the Malaspina Sporting Club swimming pool (50 mts x 8 lanes) - Via dello Sport 1, San Felice – 20090 Peschiera Borromeo - Milano – on the **4th of July, 2015**.
4. Events will start at 9.00 a.m. and at 3:00 p.m..
The swimming pool will be available for the warm up 1 hour before each session.

5. Admitted categories:

	Female	Male
Beginners	2003 – 2004	2002 – 2003
Intermediate	2001 – 2002	1999 – 2000 - 2001
Juniors	1999 – 2000	1997 – 1998
Open	1998 + (>)	1996 +(>)

6. Program schedule:

Morning 9 a.m.:

- 100 m Freestyle
- 200 m Backstroke
- 100 m Breaststroke
- 200 m Butterfly
- 200 m Medley

Afternoon 3 p.m.:

- 50 m Freestyle
- 50 m Backstroke
- 50 m Breaststroke
- 50 m Butterfly
- 200 m Freestyle
- 100 m Backstroke
- 200 m Breaststroke



100 m Butterfly

7. Heats will be swum seeded by entry times.
All races will be scheduled using the following sequence criteria:
 - Female
 - Male
8. Swimmers may participate in a maximum of 3 races each. Beginners are not allowed to compete in the 200 m. races.
9. During the competition only ONE START will be allowed.
10. The following points will be assigned: 9 – 7 – 6 – 5 – 4 – 3 – 2 – 1. for positions from the 1st to the 8th in each category
All points are accumulated to determine each team final score.
11. Awards

The first three places of each category will be rewarded with a Medal.
Category Intermediate Male 2001 will classify separately
The overall winning team will be awarded with the Trophy Cup.
The first three qualified teams will receive a prize.
12. The registration form will be available on the website
<http://www.finlombardia-garenuoto.it> and must be submitted via email at the following address: sirio.pola@gmail.com before **23rd of June, 2015**
13. The Trophy enrollment fee is 6€ for each swimmer-race.
14. The organizer will be not liable for any eventuality that may occur to the participants, Team leaders, managers, third parties or materials either before, or during and after the competition
15. FINA rules will be applied for any other item eventually not mentioned in the above competition rules.



It would be greatly appreciated if participation could be confirmed by e-mail (malaspinanuoto@gmail.com) **NO LATER THAN June 10th, 2015.**

For further information please contact:

Organizing Committee:

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